



# NUT + LEGUME FRIENDLY PREPARATIONS \*\* AS OF APRIL 2019

## APPS + STARTERS + SALADS

**HUNT BLOCK**...SAMPLING OF CHEESES, CURED MEATS, FRESH FRUIT, OLIVES, MUSTARD, BABY GREENS, NUT-FREE CRACKERS

**LITTLE RHODY NECKS**...LOCAL CLAMS, CORN, RED PEPPERS, SPRING ONIONS, CHOURICO, SWEET CORN CREAM SAUCE

**ENTRÉE PORTION**...MORE NECKS + LINGUINE

**SHRIMP COCKTAIL**...FOUR CHILLED JUMBO SHRIMP, HOUSE COCKTAIL SAUCE + LEMON

**PEI BLUE MUSSELS**... ONE POUND FRESH MUSSELS, LEMON + WHITE WINE BUTTER BROTH WITH GARLIC, SHALLOTS, GRAPE TOMATOES + BABY ARUGULA

**WEDGE SALAD**...CRISP ICEBERG, GRAPE TOMATOES, BELL PEPPERS, RED ONIONS, BACON, HARD-BOILED EGG + SIDE SERVING OF GORGONZOLA DRESSING

**BISTRO GREENS**...GRAPE TOMATOES, KALAMATA OLIVES, CUCUMBER, WHITE BALSAMIC VINAIGRETTE

**HOUSE CAESAR**...CRISP ROMAINE, SHAVED REGGIANO PARMESAN, 'CHOVIES ON REQUEST, NO CROUTONS

**SIDE OF**...WILTED SPINACH + PARM...  
JASMINE RICE... ASPARAGUS... BROCCOLI + CAULIFLOWER... MASHED POTATOES...  
CREAMY POLENTA

### ADD

THREE JUMBO SHRIMP...10.50

8 OZ SALMON LOIN...16

GRILLED 6 OZ CHICKEN...6.50

## ENTREES

**SEARED SALMON FILET\***...JASMINE RICE + ASPARAGUS. NO GLAZE.

**PENNE + SWEET MARINARA**...SPICY TOMATO, SWEET ONION, CAPERS + KALAMATA OLIVE POMODORO WITH FRESH PARSLEY + SHAVED PARMESAN

**SHRIMP PAELLA**...JUMBO SHRIMP, MUSSELS, CHOURICO, CHICKEN BREAST + FRESH RED PEPPERS, RIPE TOMATOES, CORN + PEAS IN SAFFRON RICE WITH CILANTRO

**PENNE + SWEET MARINARA**...OUR HOUSE MARINARA WITH FRESH MOZZARELLA OR SHAVED PARMESAN + SWEET BASIL

**THE BOLOGNESE**...CLASSIC, RICH PREPARATION OF RIGATONI SIMMERED WITH GROUND BEEF, VEAL, HOT + SWEET SAUSAGES, SHAVED PARMESAN + FRESH BASIL

**GRILLED ANGUS BURGER\***... CABOT CHEDDAR + APPLEWOOD BACON WITH A SIDE OF DRESSED BABY GREENS OR SUBSTITUTE CREAMY POLENTA OR JASMINE RICE; NO BUN

**BLACKENED SWORDFISH SKEWERS\*..** GRILLED WITH FRESH DAILY VEGS, WARM ORZO + ARUGULA SALAD; ORANGE-BASIL AIOLI

\* KEEPING YOU SAFE \*  
DUE TO CROSS CONTACT AND/OR VENDOR  
INGREDIENTS, WE DO NOT SERVE:  
FRIED PRODUCTS, ROLLS, BUNS,  
FLAT BREADS + ICE CREAM

\* THIS ITEM IS RAW OR PARTIALLY COOKED + CAN INCREASE YOUR RISK OF FOODBORNE ILLNESS. CONSUMERS WHO ARE ESPECIALLY VULNERABLE TO FOODBORNE ILLNESS SHOULD ONLY EAT FOODS OF ANIMAL ORIGIN THAT ARE THOROUGHLY COOKED.

**ALLERGIES:** BE ADVISED ANY OF OUR PRODUCTS MAY CONTAIN, OR MAY HAVE COME IN CONTACT WITH ALLERGENS INCLUDING, EGGS, FISH, MILK, NUTS, SHELLFISH, SOY, TREE NUTS + GLUTEN. THESE ALLERGENS ARE PRESENT IN FOOD PREP/COOKING AREAS. WE CANNOT GUARANTEE THAT ANY MENU ITEM CAN BE COMPLETELY FREE OF ALLERGENS. THANKS FOR YOUR UNDERSTANDING.